

RELAY ROUND-UP

Hillsborough Relay for Life Newsletter

January 2007

Happy New Year!

We hope that everyone has gotten off to a good start for 2007. The Relay Committee is excited about the upcoming year and all that is in the works for the big event!

The Goal Has Been Set!

Our goal for the 6th Hillsborough Relay for Life has been set for \$166,000! We have a lot to do between now and May 11th, but we are off to a great start.

On-line Sign-up

Again this year, we are offering the option to register on-line. This will also allow you to handle your fundraising via the internet. You will be able to send emails to friends, family and co-workers asking them to sponsor you for Relay. Team captains can also use this site to set up their team websites. If you took advantage of the online access last year, you can use your same login and password.

www.acsevents.org/relay/hillsborough

Team Meetings:

Make sure that you have your calendar marked for the team meetings – we only have 5 meetings until Relay!

February 1st – 6pm – Cameron Park Media Center

March 1st – 6pm – Cameron Park Media Center

March 22nd – 6pm – Cameron Park Media Center (**registrations due**)

April 26th – 6pm – Cameron Park Media Center (**T-Shirt Night**)

May 10th – 6pm – Bank Night

June 21st – Wrap-up Party (time and location TBA)

Committee Meetings:

If you are interested in helping organize the Relay Event, it's not too late. Please let Paula Crabtree or Brandi Overman know.

Survivor Committee Notes

* Start collecting items for the auction. Let's make it the best one ever!

* Friday afternoon, March 23rd, around 3 pm, Efland Ruritan Club, start accepting items for auction.

*Saturday, March 24th @ 10:00 am Survivor Committee Auction at Efland Ruritan Club Bldg.

* Monday night, April 30th – Survivor Bag assembly – need items for the bags

* The Survivor Dinner will be Monday night, May 7th @ 6:30 pm at the Big Barn.

* The relay is Friday, May 11th thru Saturday, May 12th. Survivor lap @ 6:45pm. Check in 5:30 to 6:15.

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Cancer Facts

Did you know that every hour of every day one American dies of Oral Cancer? The death rate in the United States for Oral Cancer is higher than that of cervical cancer, Hodgkin's disease, cancer of the brain, liver, testes, kidneys, or ovaries, and believe it or not 27% of oral cancer victims do not use tobacco or alcohol and have no other lifestyle risk factors. However, there is good news! Oral cancer is actually a curable disease when caught in its early stages. ViziLite Plus is a thorough oral cancer exam that uses technology that has been proven successful when identifying precancerous and cancerous abnormalities. It is particularly important for patients with an increased risk for oral cancer; however anyone over the age of 18 is at risk for this disease. When pre malignancies or early stage oral cancer is found, treatment is less invasive and has a success rate that is greater than 90%. Oral cancer is far too often discovered in late stage development, the primary reason for the consistently high death rate. However, ViziLite Plus helps your dentist identify oral lesions by making them more apparent to the naked eye. Please ask your dentist about this very important screening. Research is now showing a link between patients that have HPV virus and not only cervical cancer but oral cancer.

Who is at highest risk?

- Increased risk: 18-39 years old without lifestyle risk factors
- High Risk: 40 years and older without lifestyle risk factors and tobacco users (any age, any type)
- Highest risk: 40 years old and older with lifestyle risk factors and those with history of oral cancer.

(Lifestyle risk factors are defined as tobacco use, chronic alcohol use and HIV/HPV)

New This Year:

Plus One Club.

This is open to all team members registered for the '07 Relay. If you recruit someone to start a new team of 8 or more members, you will receive a Relay for Life hat. If that team goes on to raise more than \$1,000, you will receive a long sleeve t-shirt. For more details, contact Dee Hatley.

Luminary Torches

This year in addition to the luminaries, we will offer the option to purchase a luminary torch for a donation of \$100. Ask your Team Captain for a form. Deadline for all Luminary forms is **April 20th**.

Upcoming Relay Fundraising Events:

3rd Annual Ride for Life Poker Run is set for Saturday, April 21st (rain or shine) – sponsored by the Durham Harley Owner's Group. All proceeds benefit the American Cancer Society's Hillsborough/Orange Relay for Life. Registration starts at 11:15am at

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Carolane Propane Gas (654 N. Churton Street, Hillsborough). Ride begins at 12:00pm. Fee is \$20/per hand, \$5/per additional rider NOT playing a hand. Each bike/driver must play at least one hand to participate in the ride. All riders are required to complete a Waiver and Registration. Lunch will be served at the end of this event. Prizes: \$100 – best hand; \$50 – second best hand; \$25 – third best and worst hands. Door prizes and 50/50 Raffle. For more information call Shannon at 919-643-0371 or 919-451-1829.

Mason Lovette Band Benefit Concert – Saturday, April 28th from 7PM – 12am at the Mill Creek Clubhouse, 1700 St. Andrews Drive, Mebane. Cash bar and snacks will be available. Tickets and further details will be coming soon.

Survivor Auction will be held in March 24th (see Survivor Committee Notes on page 1). For questions, please contact BeeBee Thomas.

Relay Flea Market For information, contact Dawn Berry (dberry@pheinc.com)

Team Fundraising Events:

Pancake Breakfast sponsored by the Antioch Angels Against Cancer. Saturday, February 3rd – 7am – 10am, Antioch Baptist Church, 1707 White Cross Road, Chapel Hill. Suggested donation of \$5/adults, \$2.50/children. For directions, call the church office 919-929-2230

Chicken Pie Dinner. Please join the Ridge Runners for a Chicken Pie Dinner. It will be from 5:00 - 7:00 pm on Saturday, February 24th at Chestnut Ridge UMC (3505 Chestnut Ridge Church Rd., Efland). The menu includes chicken pie, green beans, rolls, dessert and tea. Donations taken and all proceeds will go toward the Relay.

Cookbooks – the Antioch Angels still have a few cookbooks available (\$15/each). Contact Debbie Williams, Dee Hatley or the church office (919-92-2230)

** If you have any fundraising events you would like announced, please send those to rflpub@gmail.com

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